

CURRICULUM VITAE

BIOGRAPHICAL

Name: Tina R. Goldstein, Ph.D.

Business Address: Western Psychiatric Institute
and Clinic
3811 O'Hara Street
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EDUCATION AND TRAINING

UNDERGRADUATE:

1991-1995 Washington University, St. Louis, MO B.A., 1995 Psychology

GRADUATE:

1998-2000 University of Colorado, Boulder, CO M.A., 2000 Clinical Psychology
Advisor: David Miklowitz, Ph.D.

2000-2003 University of Colorado, Boulder, CO Ph.D., 2003 Clinical Psychology
Advisor: David Miklowitz, Ph.D.

2002-2003 University of Pittsburgh School of Medicine Western Psychiatric Institute and Clinic Pittsburgh, PA Pre-Doctoral Internship Clinical Psychology

POSTGRADUATE:

2003-2006 University of Pittsburgh School of Medicine Western Psychiatric Institute and Clinic Pittsburgh, PA NIMH T-32 Post-Doctoral Fellow
Pediatric Mood Disorders
Mentors: David Brent, M.D.
Boris Birmaher, M.D.

APPOINTMENTS AND POSITIONS

ACADEMIC:

Jul 2012-present University of Pittsburgh School of Medicine Western Psychiatric Institute and Clinic Pittsburgh, PA Associate Professor

2006-present University of Pittsburgh School of Medicine Western Psychiatric Institute and Clinic Pittsburgh, PA Assistant Professor

CERTIFICATION AND LICENSURE

PROFESSIONAL LICENSURE:

Licensed Psychologist 2005-present
Commonwealth of Pennsylvania

MEMBERSHIP in PROFESSIONAL AND SCIENTIFIC SOCIETIES

American Psychological Association 2000-present
Division 53, Society of Clinical Child and Adolescent
Psychology
Association for Behavioral and Cognitive Therapies 2001-present
American Foundation for Suicide Prevention 2004-present
International Society for the Improvement and Teaching of
Dialectical Behavior Therapy 2004-present
Pennsylvania Psychological Association 2005-present
International Society for Research in Child and Adolescent
Psychopathology 2010

HONORS

Graduate School Fellowship, University of Colorado 1998-2002
Dissertation Award, University of Colorado Graduate School 2001
Dean's Student Grant Award, University of Colorado Graduate School 2001
Dissertation Grant Award, American Psychological Association 2001
Career Development Institute (CDI) for Bipolar Disorder 2007
New Clinical Drug Evaluation Unit (NCDEU) New Investigator Award 2008
Mental Health Research Award, Mental Health America Allegheny County 2012
Klerman Young Investigator Award, The Depression and Bipolar Support
Alliance 2012

PUBLICATIONS

Refereed Articles

1. **Goldstein TR**, Frye MA, Denicoff KD, Smith-Jackson E, Leverich GS, Bryan AL, Ali SO, Post RM. Antidepressant discontinuation-related mania: Critical prospective observation and theoretical implications in bipolar disorder. *J Clin Psychiatry*. 1999 Aug;60(8):563-567. PubMed PMID: 10485646
2. **Goldstein TR**, Miklowitz DJ, Richards JA. Expressed emotion attitudes and individual psychopathology among relatives of bipolar patients. *Fam Process*. 2002 Winter;41(4):647-657. PubMed PMID: 12613122
3. **Goldstein TR**, Birmaher B, Axelson D, Ryan ND, Keller M, Strober MA, Gill MK, Valeri S, Chiappetta L, Leonard H, Hunt J, Bridge JA, Brent DA, Keller M. History of suicide attempts in pediatric bipolar disorder: Factors associated with increased risk. *Bipolar Disord*. 2005 Dec;7(6):525-535. PubMed PMID: 16403178
4. Bridge JA, **Goldstein TR**, Brent DA. Adolescent suicide and suicidal behavior. *J Child Psychol Psychiatry*. 2006 Mar-Apr;47(3-4):372-394. PubMed PMID: 16492264
5. **Goldstein TR**, Miklowitz DJ, Mullen KL. Social skills knowledge and performance among adolescents with bipolar disorder. *Bipolar Disord*. 2006 Aug;8(4):350-361. PubMed PMID: 16879136
6. **Goldstein TR**, Axelson DA, Birmaher B, Brent DA. Dialectical behavior therapy for adolescents with bipolar disorder: A 1-year open trial. *J Am Acad Child Adolesc Psychiatry*. 2007 Jul;46(7):820-830. PubMed PMID: 1758144

7. **Goldstein TR**, Bridge JA, Brent DA. Sleep disturbance preceding completed suicide in adolescents. *J Consult Clin Psychol*. 2008 Feb;76(1):84-91. PubMed PMID: 18229986
8. Goldstein BI, Strober MA, Birmaher B, Axelson DA, Esposito-Smythers C, **Goldstein TR**, Leonard H, Hunt J, Gill MK, Iyengar S, Grimm C, Yang M, Ryan ND, Keller MB. Substance use disorders among adolescents with bipolar spectrum disorders. *Bipolar Disord*. 2008 Jun;10(4):469-478. PubMed PMID: 18452443
9. Goldstein BI, Birmaher B, Axelson DA, **Goldstein TR**, Esposito-Smythers C, Strober MA, Hunt J, Leonard H, Gill MK, Iyengar S, Grimm C, Yang M, Ryan ND, Keller MB. Significance of cigarette smoking among youths with bipolar disorder. *Am J Addict*. 2008 Sep-Oct;17(5):364-371. PubMed PMID: 18770078
10. Goldstein BI, Birmaher B, Axelson DA, **Goldstein TR**, Esposito-Smythers C, Strober MA, Hunt J, Leonard H, Gill MK, Iyengar S, Grimm C, Yang M, Ryan ND, Keller MB. Preliminary findings regarding overweight and obesity in pediatric bipolar disorder. *J Clin Psychiatry*. 2008 Dec;69(12):1953-1959. PubMed PMID: 19026266
11. Romero S, Birmaher B, Axelson D, **Goldstein TR**, Goldstein BI, Gill MK, Iosif AM, Strober MA, Hunt J, Esposito-Smythers C, Ryan ND, Leonard H, Keller M. Prevalence and correlates of physical and sexual abuse in children and adolescents with bipolar disorder. *J Affect Disord*. 2009 Jan;112(1-3):144-150. PubMed PMID: 18538857
12. Diler RS, Birmaher B, Axelson D, Goldstein B, Gill M, Strober M, Kolko DJ, **Goldstein TR**, Hunt J, Yang M, Ryan ND, Iyengar S, Dahl RE, Dorn LD, Keller MB. The Child Behavior Checklist (CBCL) and the CBCL-bipolar phenotype are not useful in diagnosing pediatric bipolar disorder. *J Child Adolesc Psychopharmacol*. 2009 Feb;19(1):23-30. PubMed PMID: 19232020
13. Birmaher B, Axelson D, Strober M, Gill MK, Yang M, Ryan N, Goldstein B, Hunt J, Esposito-Smythers C, Iyengar S, **Goldstein TR**, Chiapetta L, Keller M, Leonard H. Comparison of manic and depressive symptoms between children and adolescents with bipolar spectrum disorders. *Bipolar Disord*. 2009 Feb;11(1):52-62. PubMed PMID: 19133966
14. **Goldstein TR**, Birmaher B, Axelson D, Goldstein BI, Gill MK, Esposito-Smythers C, Ryan ND, Strober MA, Hunt J, Keller M. Psychosocial functioning among bipolar youth. *J Affect Disord*. 2009 Apr;114(1-3):174-183. PubMed PMID: 18715651
15. **Goldstein TR**. Suicidality in pediatric bipolar disorder. *Child Adolesc Psychiatr Clin N Am*. 2009 Apr;18(2):339-352. PubMed PMID: 19264267
16. Fagiolini A, Frank E, Axelson DA, Birmaher B, Cheng Y, Curet DE, Friedman ES, Gildengers AG, **Goldstein TR**, Grochocinski VJ, Houck PR, Stofko MG, Thase ME, Thompson WK, Turkin SR, Kupfer DJ. Enhancing outcomes in patients with bipolar disorder: Results from the Bipolar Disorder Center for Pennsylvanians study. *Bipolar Disord*. 2009 Jun;11(4):382-390. PubMed PMID: 19500091
17. Birmaher B, Axelson D, Goldstein B, Strober M, Gill MK, Hunt J, Houck P, Ha W, Iyengar S, Kim E, Yen S, Esposito-Smythers C, **Goldstein TR**, Ryan N, Keller M. Four-year longitudinal course of children and adolescents with bipolar spectrum disorder: The Course and Outcome of Bipolar Youth (COBY) study. *Am J Psychiatry*. 2009 Jul;166(7):795-804. PubMed PMID: 19448190
18. Hunt J, Birmaher B, Leonard H, Strober M, Axelson D, Ryan N, Yang M, Gill M, Dyl J, Esposito-Smythers C, Swenson L, Goldstein B, **Goldstein TR**, Stout, R, Keller M. Irritability without elation in a large bipolar youth sample: frequency and clinical description. *J Am Acad Child Adolesc Psychiatry*. 2009 Jul;48(7):730-739. PubMed PMID: 19465878
19. **Goldstein TR**, Birmaher B, Axelson D, Goldstein BI, Gill MK, Esposito-Smythers C, Ryan ND, Strober MA, Hunt J, Keller M. Family environment and suicidal ideation among bipolar youth. *Arch Suicide Res*. 2009;13(4):378-388. PubMed PMID: 19813115
20. Brent DA, Greenhill LL, Compton S, Emslie G, Wells K, Walkup JT, Vitiello B, Bukstein O, Stanley B, Posner K, Kennard BD, Cwik MF, Wagner A, Coffey B, March JS, Riddle M, **Goldstein TR**, Curry J, Barnett S, Capasso L, Zelazny J, Hughes J, Shen S, Gugga SS, Turner JB. The treatment of adolescent suicide attempters study (TASA): Predictors of suicidal events in an open treatment trial. *J Am Acad Child Adolesc Psychiatry*. 2009 Oct;48(10):987-996. PubMed PMID: 19730274

21. Vitiello B, Brent D, Greenhill LL, Emslie G, Wells K, Walkup JT, Stanley B, Bukstein O, Kennard BD, Compton S, Coffey B, Cwik MF, Posner K, Wagner A, March JS, Riddle M, **Goldstein TR**, Curry J, Capasso L, Mayes T, Shen S, Gugga SS, Turner BJ, Barnett S, Zelazny J. Depressive symptoms and clinical status during the treatment of adolescent suicide attempters study. *J Am Acad Child Adolesc Psychiatry*. 2009 Oct;48(10):997-1004. PubMed PMID: 20854770
22. Stanley B, Brown G, Brent DA, Wells K, Poling K, Curry J, Kennard BD, Wagner A, Cwik MF, Klomek AB, **Goldstein TR**, Vitiello B, Barnett S, Daniel S, Hughes J. Cognitive-behavioral therapy for suicide prevention (CBT-SP): Treatment model, feasibility and acceptability. *J Am Acad Child Adolesc Psychiatry*. 2009 Oct;48(10):1005-1013. PubMed PMID: 19730273
23. Romero S, Birmaher B, Axelson DA, Iosif AM, Williamson DE, Gill MK, Goldstein BI, Strober MA, Hunt J, **Goldstein TR**, Esposito-Smythers C, Iyengar S, Ryan ND, Keller M. Negative life events in children and adolescents with bipolar disorder. *J Clin Psychiatry*. 2009 Oct;70(10):1452-1460. PubMed PMID: 19906349
24. Esposito-Smythers C, **Goldstein TR**, Birmaher B, Goldstein B, Hunt J, Ryan N, Axelson D, Strober M, Gill MK, Hanley A, Keller M. Clinical and psychosocial correlates of non-suicidal self-injury within a sample of children and adolescents with bipolar disorder. *J Affect Disord*. 2010 Sep;125(1-3):89-97. PubMed PMID: 20089313
25. Sala R, Axelson DA, Castro-Fornieles J, **Goldstein TR**, Ha W, Liao F, Gill MK, Iyengar S, Strober MA, Goldstein BI, Yen S, Hower H, Hunt J, Ryan ND, Dickstein D, Keller MB, Birmaher B. Comorbid anxiety in children and adolescents with bipolar spectrum disorders: Prevalence and clinical correlates. *J Clin Psychiatry*. 2010 Oct;71(10):1344-1350. PubMed PMID: 20868643
26. Woldu H, Porta G, **Goldstein TR**, Sakolsky D, Perel J, Emslie G, Mayes T, Clarke G, Ryan ND, Birmaher B, Wagner K, Asarnow J, Keller M, Brent, DA. Pharmacokinetically and clinician-determined adherence to an antidepressant regimen and clinical outcome in the Treatment of SSRI-Resistant Depression in Adolescents (TORDIA) clinical trial. *J Am Acad Child Adolesc Psychiatry*. 2011 May;50(5):490-498. PubMed PMID: 21515198
27. **Goldstein TR**, Goldstein BI, Mantz MB, Bailey B, Douaihy A. A brief motivational intervention for preventing medication-associated weight gain among youth with bipolar disorder: Treatment development and case report. *J Child Adolesc Psychopharmacol*. 2011 Jun;21(3):275-280. PubMed PMID: 21663430
28. **Goldstein TR**, Obreja M, Shamseddeen W, Iyengar S, Axelson DA, Goldstein BI, Monk K, Hickey MB, Sakolsky D, Kupfer DJ, Brent DA, Birmaher B. Risk for suicidal ideation among the offspring of bipolar parents: Results from the Bipolar Offspring Study (BIOS). *Arch Suicide Res*. 2011 Jul;15(3):207-222. PubMed PMID: 21827311
29. Axelson DA, Birmaher B, Findling R, Fristad M, Kowatch R, Youngstrom E, Arnold L, Goldstein BI, **Goldstein TR**, Chang K, DelBello M, Ryan ND, Diler R. Concerns regarding the inclusion of Temper Dysregulation Disorder with Dysphoria in the DSM-5. *J Clin Psychiatry*. 2011 Sept;72(9):1257-1262. PubMed PMID: 2167249
30. Bella T, **Goldstein TR**, Obreja E, Monk K, Axelson D, Goldstein B, Hickey M, Brent D, Kupfer D, Sakolsky D, Birmaher B. Psychosocial functioning in offspring of parents with bipolar disorder. *J Affect Disord*. 2011 Sept;133(1-2):204-211. PubMed PMID: 2146389
31. Axelson DA, Birmaher B, Strober MA, Goldstein BI, Ha W, Gill MK, **Goldstein TR**, Yen S, Hower H, Hunt J, Liao F, Iyengar S, Dickstein D, Kim E, Ryan ND, Frankel E, Keller MB. Course of subthreshold bipolar disorder in youth: diagnostic progression from bipolar disorder not otherwise specified. *J Am Acad Child Adolesc Psychiatry*. 2011 Oct;50(10):1001-1016. PubMed PMID: 21961775
32. Diler RS, Birmaher B, Axelson DA, Obreja M, Monk K, Hickey MB, Goldstein BI, **Goldstein TR**, Sakolsky D, Iyengar S, Brent D, Kupfer D. Dimensional psychopathology in offspring of parents with bipolar disorder. *Bipolar Disord*. 2011 Nov-Dec;13(7-8):670-678. PubMed PMID: 22085480
33. Sala R, Axelson DA, Castro-Fornieles J, **Goldstein TR**, Goldstein BI, Ha W, Liao F, Gill MK, Iyengar S, Strober M, Yen S, Hower H, Hunt J, Dickstein D, Ryan N, Keller M, Birmaher B. Factors associated with the persistence and the onset of new anxiety disorders in youth with bipolar spectrum disorders. *J Clin Psychiatry*. 2012 Jan;73(1):87-94. PubMed PMID: 22226375
34. Ballester J, **Goldstein TR**, Goldstein BI, Obreja E, Axelson DA, Monk K, Hickey MB, Iyengar S, Farchione T, Kupfer DJ, Brent D, Birmaher B. Is bipolar disorder specifically associated with aggression? *Bipolar Disord*. 2012 May;14:283-290. PubMed PMID: 22548901

35. **Goldstein TR**, Ha W, Axelson DA, Goldstein BI, Liao F, Gill MK, Ryan ND, Yen S, Hunt J, Hower H, Keller M, Strober M, Birmaher B. Predictors of prospectively observed suicide attempts among youth with bipolar disorder. *Arch Gen Psychiatry*. 2012 Nov;69(11):1113-1122. PubMed PMID: 22752079
36. Hunt J, Case B, Birmaher B, Stout R, Dickstein D, Yen S, **Goldstein TR**, Goldstein B, Axelson DA, Hower H, Strober M, Ryan N, Swenson L, Topor D, Gill MK, Weinstock L, Keller M. Irritability and elation in a large bipolar youth sample: Relative symptom severity and clinical outcomes over four years. *J Clin Psychiatry*. 2013 Jan;74(1):e110-e117.
37. Topor D, Swenson L, Hunt J, Birmaher B, Strober M, Yen S, Hoepfner B, Case B, Hower H, Weinstock L, Ryan N, Goldstein B, **Goldstein TR**, Gill MK, Axelson D, Keller M. Manic symptoms in youth with bipolar disorder: Factor analysis by age of symptom onset and current age. *J Affect Disord*. 2013 Mar;145(3):409-412.
38. Birmaher B, Goldstein BI, Axelson DA, Monk K, Hickey MB, Fan J, Iyengar S, Ha W, Diler RS, **Goldstein TR**, Brent D, Ladoceur C, Sakolsky D, Kupfer DJ. Mood lability among offspring of parents with bipolar disorder and community controls. *Bipolar Disord*. 2013 May;15(3):253-263.
39. Hower H, Case B, Hoepfner B, Yen S, **Goldstein TR**, Goldstein B, Birmaher B, Weinstock W, Topor D, Hunt J, Strober M, Ryan N, Axelson D, Gill MK, Keller MB. Use of mental health services in transition age youth with bipolar disorder. *Journal Psychiatr Pract*. 2013 In press.
40. Maoz H, **Goldstein TR**, Axelson DA, Goldstein BI, Fan J, Hickey MB, Monk K, Sakolsky D, Diler R, Brent DA, Iyengar S, Kupfer DJ, Birmaher B. Dimensional psychopathology in preschool offspring of parents with bipolar disorder. *J Child Psychol Psychiatry*. 2013 In Press.
41. **Goldstein TR**, Fersch-Podrat RK, Axelson DA, Gilbert A, Hlastala S, Birmaher B, Frank E. Early Intervention for adolescents at high risk for the development of bipolar disorder: Pilot study of Interpersonal and Social Rhythm Therapy (IPSRT). *Psychotherapy*. 2013 In Press.
42. Ballester J, **Goldstein TR**, Goldstein BI, Yu H, Axelson D, Monk K, Hickey MB, Diler RS, Sakolsky DJ, Sparks G, Iyengar S, Kupfer DJ, Brent DA, Birmaher B. Longitudinal course of aggression among adults with bipolar disorder. *Bipolar Disorders*. 2013 In Press.
43. Goldstein BI, **Goldstein TR**, Collinger KA, Axelson DA, Bukstein OG, Birmaher B, Miklowitz DJ. Treatment development and feasibility study of Family-Focused Treatment for adolescents with bipolar disorder and comorbid substance use disorders. *Journal of Psychiatric Practice*. 2013 In Press.
44. Sala R, Strober MA, Axelson DA, Gill MK, Castro-Fornieles J, **Goldstein TR**, Goldstein BI, Ha W, Liao F, Iyengar S, Yen S, Hower H, Hunt J, Dickstein D, Ryan ND, Keller M, Birmaher B. Effects of comorbid anxiety disorder on the longitudinal course of pediatric bipolar illness. *Journal of the American Academy of Child and Adolescent Psychiatry*. 2013 In Press.
45. Brent DA, McMakin DL, Kennard B, **Goldstein TR**, Mayes T, Douaihy A. Protecting adolescents from self-harm: A critical review of intervention studies. *Journal of the American Academy of Child and Adolescent Psychiatry*. 2013 In Press.

Books and Book Chapters

1. **Goldstein TR**, Brent DA (2008). Youth Suicide. In M Dulcan (Ed.), *The American Psychiatric Publishing Textbook of Child and Adolescent Psychiatry* (4th ed.). Arlington, VA: American Psychiatric Publishing.
2. **Goldstein TR** (2009). Bipolar Disorder. In I Weiner & WE Craighead (Eds.), *Corsini's Encyclopedia of Psychology* (4th ed.). New York: Wiley.
3. Miklowitz DJ, **Goldstein TR** (2009). Psychosocial approaches to adolescence. In D Cicchetti & DJ Miklowitz (Eds.), *Bipolar Disorder: A Developmental Psychopathology Approach*.
4. Brent DA, Poling KD, **Goldstein TR** (2011). *Treating depressed and suicidal adolescents: A clinician's guide*. New York: Guilford Press.
5. **Goldstein TR**, Bridge JA, Brent DA (2013). Childhood and Adolescence. In S Koslow, C Nemeroff & P Ruiz (Eds.), *A Concise Guide to Understanding Suicide*. Cambridge: Cambridge University Press. In press.

Proceedings of Conferences and Symposia

Poster Presentations

1. **Goldstein TR**, Frye MA, Denicoff KD, Smith-Jackson E, Leverich GS, Bryan AL, Ali SO, Post RM (1997). Antidepressant withdrawal-related mania? Critical prospective observations and theoretical implications in bipolar disorder. Poster presented at the annual meeting of the American Psychiatric Association, Toronto, Ontario, Canada.
2. **Goldstein TR**, Miklowitz DJ, Richards JA (1999). The relationship between expressed emotion attitudes and individual psychopathology among relatives of bipolar patients. Poster presented at the annual meeting of the Society for Research in Psychopathology, Montreal, Quebec, Canada.
3. **Goldstein TR**, Miklowitz DJ, Richards JA (2000). The relationship between psychopathology in relatives and the outcome of psychosocial treatment among families coping with bipolar disorder. Poster presented at the annual meeting of the Society for Research in Psychopathology, Boulder, CO.
4. **Goldstein TR**, Miklowitz DJ (2002). Social skills deficits among adolescents with bipolar disorder. Poster session presented at the annual meeting of the Society for Research in Psychopathology, San Francisco, CA.
5. **Goldstein TR**, Miklowitz DJ, Mullen KA (2004). Social skill knowledge and performance among adolescents with bipolar disorder. Poster presented at the annual NIMH Pediatric Bipolar Disorder Conference, Boston, MA.
6. **Goldstein TR**, Miklowitz DJ, Mullen KA (2004). Social skill knowledge and performance among adolescents with bipolar disorder. Poster presented at the annual WPIC Research Day, Pittsburgh, PA.
7. Taylor DO, Miklowitz DJ, George EL, Mullen KL, Biuckians A, **Goldstein TR**, Wardlaw W (2005). Developmental pathways to adolescent bipolar disorder. Poster presented at the sixth annual meeting of the International Conference on Bipolar Disorder, Pittsburgh, PA.
8. **Goldstein TR**, Bridge JA, Birmaher B, Axelson DA, Ryan ND, Keller M, Strober MA, Gill MK, Valeri S, Chiappetta L, Leonard H, Hunt J, Brent DA (2005). Suicide attempts in pediatric bipolar disorder: Factors associated with increased risk. Poster presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Toronto, Canada.
9. Ladouceur CD, Axelson DA, Conway AM, Birmaher B, **Goldstein TR**, Dahl RE, Ryan ND (2007). Decreased error-related positivity in pediatric bipolar disorder. Poster presented at the annual Society of Biological Psychiatry Conference, San Diego, California.
10. Goldstein BI, Birmaher B, Axelson D, **Goldstein TR**, Strober M, Esposito-Smythers C, Hunt J, Leonard H, Ryan ND, Keller M (2007). Prevalence and correlates of overweight and obesity in pediatric bipolar disorder. Poster presented at the annual NIMH Pediatric Bipolar Disorder Conference, Bethesda, MD.
11. **Goldstein TR**, Birmaher B, Axelson DA, Goldstein BI, Ryan ND, Strober M, Leonard H, Hunt J, Keller M (2007). Psychosocial functioning among youth with bipolar disorder. Poster presented at the annual NIMH Pediatric Bipolar Disorder Conference, Bethesda, MD.
12. Goldstein BI, Birmaher B, Axelson D, **Goldstein TR**, Strober M, Esposito-Smythers C, Hunt J, Leonard H, Ryan ND, Keller MB (2007). Prevalence and correlates of overweight and obesity in pediatric bipolar disorder. Poster presented at the Seventh International Conference on Bipolar Disorder, Pittsburgh, PA.
13. **Goldstein TR**, Birmaher B, Axelson DA, Goldstein BI, Ryan ND, Strober M, Leonard H, Hunt J, Keller M (2007). Psychosocial functioning among youth with bipolar disorder. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
14. Goldstein BI, Birmaher B, Axelson DA, **Goldstein TR**, Strober M, Ryan ND, Keller M (2008). Burden of painful symptoms of depression in pediatric bipolar disorder. Poster presented at the annual Pediatric Bipolar Disorder Conference, Cambridge, MA.
15. **Goldstein TR**, Sinwell N, Birmaher B, Axelson DA, Goldstein BI, Ryan ND, Strober M, Hunt J, Keller M (2008). Family environment and suicidality among bipolar youth. Poster presented at the annual Pediatric Bipolar Disorder Conference, Cambridge, MA.
16. Goldstein BI, **Goldstein TR**, Miklowitz DJ, Collinger K, Axelson DA, Birmaher B (2008). Development of integrated Family-Focused Treatment for adolescents with bipolar disorder and comorbid substance use disorders. Poster presented at the annual meeting of the New Clinical Drug Evaluation Unit, Phoenix, AZ.

17. Goldstein BI, Strober M, Birmaher B, Axelson D, **Goldstein TR**, Ryan ND, Keller M (2008). What predicts future substance use disorders among youth with bipolar disorder? Poster presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Chicago, Illinois.
18. **Goldstein TR**, Gilbert AM, Axelson D, Birmaher B, Hlastala S, Frank E (March, 2009). *A pilot study of preventive Interpersonal and Social Rhythm Therapy for Adolescents (IPSRT-A): Early intervention for youth at high risk for the development of bipolar disorder.* Poster presented at the 3rd International Conference on Interpersonal Psychotherapy, New York, NY.
19. Collinger KA, Goldstein BI, **Goldstein TR**, Axelson DA, Bukstein OG, Miklowitz DJ, Birmaher B (June, 2009). Pilot study assessing negative consequences among adolescents with bipolar and substance use disorders. Poster presented at the Eighth International Conference on Bipolar Disorders, Pittsburgh, PA.
20. **Goldstein TR**, Birmaher B, Axelson DA, Goldstein B, Gill M, Ryan N, Hunt J, Keller M, Strober M. (June, 2009). Prospective predictors of suicide attempts in youth with bipolar disorder. Poster presented at the Eighth International Conference on Bipolar Disorders, Pittsburgh, PA.
21. Axelson DA, Birmaher B, Strober M, Hunt J, Ha W, Houck PR, Goldstein BI, **Goldstein TR**, Dickstein D, Gill MK, Hower H, Ryan N, Keller M (June, 2009). Bipolar disorder not otherwise specified in youth and conversion to bipolar I and II disorder: Results from longitudinal follow-up in the Course and Outcome of Bipolar Youth Study. Poster presented at the Eighth International Conference on Bipolar Disorders, Pittsburgh, PA.
22. **Goldstein TR**, Gilbert A, Birmaher B, Axelson DA, Fersch RK, Monk K, Frank E (June, 2009). Sleep actigraphy among adolescents at risk for bipolar disorder. Poster presented at the Eighth International Conference on Bipolar Disorders, Pittsburgh, PA.
23. Goldstein BI, Birmaher B, **Goldstein TR**, Axelson DA, Ryan ND, Strober M, Keller M (October, 2009). Prevalence and correlates of atopic disorders among children and adolescents with bipolar disorder. Poster presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Honolulu, HI.
24. **Goldstein TR**, Fersch RK, Rivera M, Axelson D, Birmaher B, Brent, D (November, 2009). Dialectical Behavior Therapy for adolescents with bipolar disorder. Poster presented at the annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, New York, NY.
25. Rivera M, **Goldstein TR**, Goldstein BI, Birmaher B, Axelson DA, Gill MK, Ryan ND, Strober MA, Keller M (November, 2009). Substance use and emotional dysregulation in adolescents with bipolar disorder. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
26. **Goldstein TR**, Fersch RK, Rivera M, Axelson DA, Goldstein BI, Birmaher B, Brent DA (March, 2010). Dialectical Behavior Therapy for adolescents with bipolar disorder. Poster presented at the annual Pediatric Bipolar Disorder Conference, Boston, MA.
27. Rivera M, Conway A, Fersch R, **Goldstein TR** (November, 2010). Dialectical Behavior Therapy for adolescents with bipolar disorder: Improvement in emotional dysregulation and family environment. Poster presented at the annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy. San Francisco, CA.
28. O'Rourke F, Schleiden L, Shaw D, Dahl R, Miller B, Cianni L, **Goldstein TR**, Rofey D, Gill A (April, 2011). Testing an adaptation of the Family Check Up to promote sleep, physical activity, and emotion regulation skills. Poster presented at the biennial meeting of the Society for Research on Child Development, Montreal, Canada.
29. **Goldstein TR**, Axelson DA, Ha W, Goldstein BI, Gill MK, Liao F, Yen S, Hunt J, Keller M, Strober M, Birmaher B (June, 2011). Prospective predictors of suicide attempts among youth with bipolar disorder. Poster presented at the biennial meeting of the International Society for Bipolar Disorders, Pittsburgh, PA.
30. **Goldstein TR**, Fersch-Podrat, RK, Rivera M, Axelson DA, Goldstein BI, Brent DA, Birmaher B (March, 2012). One year outcomes among adolescents with bipolar disorder receiving Dialectical Behavior Therapy (DBT): A historical case-control study. Poster presented at the annual Pediatric Bipolar Disorder Conference, Boston, MA.
31. O'Rourke F, Sitnick S, Shaw DS, Potersnak R, Scott C, Martin K, Dahl R, Rofey D, Gill A, **Goldstein TR** (April, 2013). Testing an adaptation of the family check-up to promote sleep, physical activity, and emotion regulation skills among emerging adolescents. Poster presented at the biennial meeting of the Society for Research on Child Development, Seattle, WA.

32. **Goldstein TR**, Fersch-Podrat R, Hotkowski NJ, Price R, Garcia M, Sobel L, Axelson DA, Birmaher B, Doauihy A. (June, 2013). A brief motivational intervention to improve medication adherence in adolescents with bipolar disorder: A pilot study. Poster presented at the biennial meeting of the International Society for Bipolar Disorders, Miami, FL.

Papers and Symposia

1. Miklowitz DJ, George EL, Kim EY, **Goldstein TR**, Brent DA (2002). A family psychoeducational approach to bipolar disorder in adolescence. Paper presented at the annual meeting of the Society for Research in Psychopathology, San Francisco, CA.
2. **Goldstein TR**, Miklowitz DJ, Mullen KA (2004). Social skill knowledge and performance among adolescents with bipolar disorder. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
3. **Goldstein TR**, Brent DA, Axelson DA, Birmaher B (2005). Dialectical Behavior Therapy for adolescents with bipolar disorder: A pilot study. Paper presented at the annual meeting of the National Institute of Mental Health Pediatric Bipolar Conference, Coral Gables, FL.
4. **Goldstein TR**, Axelson DA, Birmaher B, Brent DA (2006). Dialectical Behavior Therapy for adolescents with bipolar disorder: One-year outcome data from a pilot study. Paper presented at the annual WPIC Research Day, Pittsburgh, PA.
5. Miklowitz DJ, **Goldstein TR** (2007). Psychotherapeutic approaches to enhancing social functioning among bipolar patients. Paper presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Boston, MA.
6. **Goldstein TR**, Goldstein BI, Birmaher B (2007). Psychotherapeutic approaches to the treatment of pediatric bipolar disorder. Paper presented at the 13th International Congress of the European Society for Child and Adolescent Psychiatry, Florence, Italy.
7. **Goldstein TR**, Birmaher B, Axelson DA, Goldstein BI, Gill MK, Ryan ND, Hunt J, Keller M, Strober M (2008). Prospective predictors of suicide attempts in youth with bipolar disorder. Paper presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Chicago, Illinois.
8. **Goldstein TR**, Axelson DA, Birmaher B, Goldstein BI, Brent DA (July, 2009). Dialectical Behavior Therapy for adolescents with bipolar disorder. Paper presented at the annual meeting of the American Psychological Association, Toronto, Canada.
9. **Goldstein TR**, Gilbert A, Hlastala S, Axelson DA, Birmaher B, Frank E (October, 2009). Pilot study of preventive Interpersonal Social Rhythm Therapy (IPSRT) for adolescents: Early intervention for youth at high risk for the development of bipolar disorder. Paper presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Honolulu, HI.
10. **Goldstein TR**, Axelson DA, Fersch RK, Monk K, Gilbert A, Hlastala S, Birmaher B, Frank, E. (May, 2010). Early intervention for adolescent offspring of parents with bipolar disorder: Pilot study of Interpersonal Social Rhythm Therapy (IPSRT). Paper presented at the annual meeting of the American Psychiatric Association, New Orleans, LA.
11. **Goldstein TR** (June, 2010). Dialectical Behavior Therapy for adolescents with bipolar disorder. Paper presented at the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
12. **Goldstein TR**, Fersch RK, Rivera M, Axelson DA, Goldstein BI, Birmaher B, Brent DA (November, 2010). Dialectical Behavior Therapy for adolescents with bipolar disorder. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
13. **Goldstein TR**, Fersch RK, Rivera M, Axelson DA, Goldstein BI, Birmaher B, Brent DA (November, 2010). Dialectical Behavior Therapy for adolescents with bipolar disorder: Treatment development and preliminary outcomes. Paper presented at the annual meeting of the International Society for the Improvement and Teaching of Dialectical Behavior Therapy. San Francisco, CA.
14. **Goldstein TR**, Axelson DA, Fersch RK, Monk K, Gilbert A, Hlastala S, Birmaher B, Frank E (June, 2011). Early intervention for offspring of parents with bipolar disorder. Paper presented at the biennial meeting of the International Society for Research on Child and Adolescent Psychopathology, Chicago, Illinois.
15. **Goldstein TR**, Goldstein BI, Douaihy A, Mantz M, & Bailey B (October, 2011). Toward behavioral prevention of obesity in pediatric bipolar disorder. Paper presented at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Toronto, Canada.

16. **Goldstein TR**, Axelson DA, Fersch-Podrat RK, Monk K, Gilbert A, Hlastala S, Birmaher B, Frank E (November, 2011). Early intervention for offspring of parents with bipolar disorder: Interpersonal Social Rhythm Therapy (IPSRT). Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
17. **Goldstein TR**, Fersch-Podrat RK, Rivera M, Axelson DA, Goldstein BI, Birmaher B, Brent DA (November, 2011). Dialectical Behavior Therapy (DBT) for adolescents with bipolar disorder: Preliminary findings on suicide-related outcomes. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
18. **Goldstein TR**, Fersch-Podrat RK, Rivera M, Axelson DA, Brent DA, Birmaher B (November, 2012). Dialectical Behavior Therapy (DBT) for adolescents with bipolar disorder: Results from a randomized trial. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
19. **Goldstein TR**, Fersch-Podrat RK, Hotkowski NJ, Price RJ, Garcia M, Sobel L, Axelson DA, Birmaher B, Douaihy A (November 2013). A brief motivational intervention (BMI) to improve medication adherence for adolescents with bipolar disorder. Paper accepted for presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

PROFESSIONAL ACTIVITIES

TEACHING:

Course/Lecture Title: Applying for Licensure as a Clinical Psychologist

Description: Invited lecture, Clinical Psychology Internship Program

Date: April 2006, April 2007

Number of times offered: 2

Audience: predoctoral clinical psychology interns

Number of students: 5-7/year

Institution: Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Pediatric Bipolar Disorder: Phenomenology and Treatment

Description: Invited lecture, Clinical Psychology Internship Program

Date: April 2007, February 2008, May 2011, June 2011

Number of times offered: 4

Audience: predoctoral clinical psychology interns

Number of students: 5-7/year

Institution: Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Introduction to Dialectical Behavior Therapy

Description: Invited annual lecture series, Psychiatry Residency Training Program

Date: March 2009, May 2010, March 2011, March 2012, June 2013

Number of times offered: 4

Audience: PGY-1 residents

Number of students: 8-15/year

Institution: Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Dialectical Behavior Therapy for Adolescents

Description: Invited annual lecture series, Psychiatry Residency Training Program

Date: March 2009, Feb-March 2010, March 2011, March 2012, June 2013

Number of times offered: 5

Audience: PGY-3 residents

Number of students: 8-15/year

Institution: Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Helping Teens and Families Manage Self-Injurious Behavior

Description: Invited workshop, Services for Teens at Risk Outreach Center

Date: May 2009

Number of times offered: 1

Audience: Community clinicians and educators

Number of students: 100

Institution: University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Career Development Awards

Description: Invited lecture, Predoctoral Clinical Psychology Internship

Date: July 2009

Number of times offered: 1

Audience: predoctoral clinical psychology interns

Number of students: 6

Institution: Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Dialectical Behavior Therapy (DBT) for Adolescents

Description: Invited workshop, Adolescent Intensive and Partial Hospitalization Programs

Date: July 2009

Number of times offered: 1

Audience: multidisciplinary faculty and staff

Number of students: 50

Institution: Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Therapeutic Strategies for Intervening with Common Adolescent Problem Behaviors

Description: Invited workshop, Services for Teens at Risk Outreach Center

Date: May 2010

Number of times offered: 1

Audience: community clinicians

Number of students: 100

Institution: University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Career Paths in Mental Health Research

Description: Invited panel, Child Intervention, Prevention, and Services (CHIPS) Research Institute

Date: May 2010

Number of times offered: 1

Audience: post-doctoral fellows and junior faculty

Number of students: 25

Institution: University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Interpersonal and Social Rhythm Therapy for Adolescents with Bipolar Disorder

Description: Invited workshop, Interpersonal and Social Rhythm Therapy Training Institute

Date: April 2011

Number of times offered: 1

Audience: community clinicians

Number of students: 20

Institution: University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Learning the Language of Self-Injury

Description: Invited workshop, Services for Teens at Risk Outreach Center

Date: May 2011

Number of times offered: 1

Audience: community clinicians

Number of students: 50

Institution: University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Assessment and Treatment of Pediatric Bipolar Disorder
Description: Invited lecture, Children's Hospital Department of Adolescent Medicine
Date: February 2012
Number of times offered: 1
Audience: community clinicians
Number of students: 20
Institution: University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Phenomenology, Assessment and Treatment of Pediatric Bipolar Disorder
Description: Invited lecture, Psychiatry/Epidemiology Post-Doctoral Fellowship Program
Date: April 2012
Number of times offered: 1
Audience: post-doctoral fellows
Number of students: 15
Institution: University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Understanding Non-Suicidal Self-Injury in Teens
Description: Invited workshop, Services for Teens at Risk Outreach Center
Date: May 2012, May 2013
Number of times offered: 3
Audience: community clinicians
Number of students: 100
Institution: University of Pittsburgh, Pittsburgh, PA

Course/Lecture Title: Dialectical Behavior Therapy (DBT) for Adolescents: The Basics
Description: Invited workshop, Center for Children and Families
Date: July 2013
Number of times offered: 1
Audience: multidisciplinary faculty and staff
Number of students: 25
Institution: Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Clinical Supervision

2004-2008	Social workers, social work interns and counseling interns (6 total): weekly group clinical supervision for clinicians providing psychotherapy services at the Child and Adolescent Bipolar Services (CABS) program. Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA
2006-present	Pre-doctoral clinical psychology interns (1/year; 7 total): 1 year of weekly individual clinical supervision for longitudinal psychotherapy cases. Pre-doctoral Clinical Psychology Internship Program, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA
2006-present	Pre-doctoral clinical psychology interns (11 total): 3 months of weekly individual clinical supervision during clinical rotation at Child and Adolescent Bipolar Services (CABS). Pre-doctoral Clinical Psychology Internship Program, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA
2006-present	Post-doctoral fellows (5 total): 1-2 years of weekly individual clinical supervision for post-doctoral fellows pursuing clinical hours toward licensure. Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA
2006-Aug 2012	Social workers, counselors and clinical psychologists (9 total): weekly group clinical supervision for clinicians providing Dialectical Behavior Therapy (DBT) services for adult outpatients. Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

2006-present Social workers, counselors and clinical psychologists (16 total): weekly group clinical supervision for clinicians providing Dialectical Behavior Therapy (DBT) services for adolescent outpatients. Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Mentoring

Sept 2007-May 2008 Mythili Raghavan MD, Medical Student (MS-3). Research mentor in research methods in youth suicidality. University of Pittsburgh School of Medicine, Pittsburgh, PA

Jan 2008-May 2009 Rebecca Smith BA, Undergraduate psychology major. Directed research mentor in pediatric bipolar disorder and research methods, University of Pittsburgh Department of Psychology, Pittsburgh, PA

Jan 2008-May 2009 Nicole Sinwell BA, Undergraduate psychology major. Directed research mentor in pediatric bipolar disorder and research methods, University of Pittsburgh Department of Psychology, Pittsburgh, PA

Jan 2010-Dec 2010 Toloupe Bella MD, Visiting Fellow from University College Hospital Department of Psychiatry, Nigeria. Research mentor in pediatric bipolar disorder and research methods, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Sept 2011-Apr 2012 Reality Price, Graduate Student in Health Information Management. Research mentor in research methods, University of Pittsburgh, Pittsburgh, PA

Jan 2012-present Loren Sobel MD, Medical Resident (PGY-2). Research mentor for residency research track in clinical research methods. University of Pittsburgh School of Medicine, Pittsburgh, PA

Jun 2012-Aug 2012 Megan Krantz, Undergraduate neuroscience major at Franklin and Marshall College. Research mentor in research methods, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

July 2013-present Jessica Levenson PhD, Post-Doctoral Fellow. Research mentor for NIMH post-doctoral T32 fellow. University of Pittsburgh School of Medicine, Pittsburgh, PA

Other Teaching-Related Activities

June 2006-present Selection Committee, Pre-Doctoral Clinical Psychology Internship Program, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

June 2006-present Training Committee Faculty, Pre-Doctoral Clinical Psychology Internship Program, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Sept 2007-present Mentor, Undergraduate Psychology Directed Research Elective, Department of Psychology, University of Pittsburgh, Pittsburgh, PA

Mar 2008- present Training Committee Faculty, NIMH T-32 Post-Doctoral Training Program in Child and Adolescent Mood Disorders (PI: Brent), Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

June 2009 Eli Lilly Fellows Sponsor, International Congress on Bipolar Disorders Meeting, Pittsburgh, PA

June 2009-present Faculty Member, NIMH Career Development Institute (CDI) for Bipolar Disorder, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Apr 2010 Honors Thesis Committee, Implementing DBT for local at-risk youth, Michelle Silverman, Bates College, Lewiston, ME

Jan 2010-present Faculty Interviewer, Psychiatry Residency Program, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

Aug 2011-present Faculty Member, NIMH Career Development Institute (CDI) for Psychiatry, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA

RESEARCH:

CURRENT GRANT SUPPORT:

R01 HD057893 2/15/2009-1/31/2014	Health Promotion in Early Adolescence: Sleep, Activity and Emotion Regulation	Co-Investigator 10%	NICHD \$410,764
10/13/2010-10/13/2013 (NCE)	Toward the Prevention of Suicide in Youth with Bipolar Disorder: A Prospective Study of the Temporal Association between Sleep Disturbance and Suicidality	Co-Principal Investigator 7.5%	The Pittsburgh Foundation \$65,899
10/13/2010-10/13/2013 (NCE)	Sleep Disturbance in Youth with Bipolar Disorder at High Risk for Suicide: Effects on Neural Circuitry Underlying Emotion Regulation and Psychological Stress Reactivity	Co-Principal Investigator 7.5%	The Pittsburgh Foundation \$60,254
R34 MH091177 7/1/2011-4/30/2014	Early Assessment and Intervention for Adolescents at Risk for Bipolar Disorder	Principal Investigator 25%	NIMH \$227,250
R01 MH059929 8/1/2011-7/31/2016	Course and Outcome of Bipolar Youth	Co-Investigator 10%	NIMH \$1,032,195
R34 MH092424 9/6/2011-6/30/2014	Brief Motivational Intervention to Improve Medication Adherence for Adolescents with Bipolar Disorder	Principal Investigator 30%	NIMH \$155,192
R03 DA032505 9/15/2011-7/31/2013 (NCE)	Mood, Substance Use, and Suicidality in Bipolar Adolescents: A Prospective Study	Principal Investigator 5%	NIDA \$24,955

PRIOR GRANT SUPPORT:

1/1/04-8/31/06	Dialectical Behavior Therapy for Adolescents with Bipolar Disorder	Principal Investigator	Pilot Grant, WPIC ACISR for Early-Onset Mood and Anxiety Disorders \$10,000
7/1/2004-8/31/2006	Dialectical Behavior Therapy for Adolescents with Bipolar Disorder	Principal Investigator	American Foundation for Suicide Prevention \$20,000

23 MH074581 2/1/2007-7/31/2012	Dialectical Behavior Therapy for Bipolar Adolescents	Principal Investigator	NIMH \$134,935
10/1/2007-9/30/2009	Intervening with Youth at High Risk for the Development of Bipolar Disorder	Co-Investigator	The Fine Foundation \$100,000
9/1/2009-9/1/2010	Intervening with Youth at High Risk for the Development of Bipolar Disorder	Co-Principal Investigator	The Ryan Licht Sang Foundation \$20,000

Seminars and Invited Research Lectureships

Aug 2007	<i>Psychosocial treatment for pediatric bipolar disorder.</i> Invited lecture, European Society for Child and Adolescent Psychiatry, Florence, Italy.
Sept 2007	<i>Dialectical Behavior Therapy for adolescents with bipolar disorder.</i> Invited lecture, Child Depression Consortium, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA.
March 2008	<i>What works? Therapy approaches for children and adolescents.</i> Invited workshop, Human Services Administration Organization, Family Support Division, Pittsburgh, PA.
Sept 2008	<i>Suicidality in pediatric bipolar disorder.</i> Invited lecture, Bridging Eastern and Western Psychiatry Congress, Antalya, Turkey.
Sept 2008	<i>Dialectical Behavior Therapy for adolescents with bipolar disorder.</i> Invited lecture, Bridging Eastern and Western Psychiatry Congress, Antalya, Turkey.
May 2009	<i>Assessment and treatment of emotional dysregulation in adolescents with bipolar disorder.</i> Invited grand rounds, Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA.
July 2009	<i>Dialectical Behavior Therapy (DBT) for adolescents with bipolar disorder.</i> Invited lecture, University of Toronto, Department of Child Psychiatry, Toronto, Ontario, Canada.
Nov 2009	<i>Helping teens and families manage self-injurious behavior.</i> Invited workshop, Indiana University of Pennsylvania Center for Counselor Services, Monroeville, PA.
Dec 2009	<i>Early intervention for offspring of parents with bipolar disorder.</i> Invited lecture, Adult Mood Disorders Treatment Program, Western Psychiatric Institute and Clinic, University of Pittsburgh.
April 2010	<i>Early intervention for offspring of parents with bipolar disorder.</i> Invited lecture, NARSAD Healthy Minds Across America Meet the Experts Forum, University of Pittsburgh Medical Center, Pittsburgh, PA.
April 2011	<i>Assessment of risk factors for suicidal behavior in youth.</i> Invited symposium, Maine Center for Disease Control and Prevention, Youth Suicide Prevention Program, Portland, ME.
October 2011	<i>Psychosocial treatment for pediatric bipolar disorder.</i> Invited workshop, Mental Health America of Franklin County, Columbus, OH.
February 2012	<i>Assessment and treatment of pediatric bipolar disorder.</i> Invited lecture, Department of Adolescent Medicine, University of Pittsburgh Medical Center, Pittsburgh, PA.
March 2012	<i>Assessment and early intervention for offspring of parents with bipolar disorder.</i> Invited lecture, Depression and Bipolar Support Alliance (DBSA), Western Psychiatric Institute and Clinic, University of Pittsburgh, Pittsburgh, PA.
March 2013	<i>Pediatric Bipolar Disorder: Diagnosis, Phenomenology, and Psychosocial Treatment Approaches.</i> Invited Psychiatry Grand Rounds, University of Texas Health Science Center at Houston, Houston, TX.
April 2013	<i>Pediatric Bipolar Disorder: Diagnosis, Phenomenology, and Psychosocial Treatment Approaches.</i> Invited Child and Adolescent Psychiatry Grand Rounds, The Zucker Hillside Hospital, New York, NY.

April 2013 *Pediatric Bipolar Disorder: Diagnosis, Phenomenology, and Psychosocial Treatment Approaches.*
Invited lecture, Johns Hopkins Mood Disorders Symposium, Johns Hopkins University Mood Disorders Center, Baltimore, MD.

Other Research Related Activities

Grant reviewer:

2004-present Western Psychiatric Institute and Clinic Research Committee Grant Reviewer
May 2013-present Early Career Reviewer, Center for Scientific Review, National Institute of Health

Journal referee:

Oct 2005-present *Journal of Women's Health*
July 2006-present *Bipolar Disorders*
July 2006-present *Cognitive Therapy and Research*
Feb 2007-present *Journal of Consulting and Clinical Psychology*
March 2008-present *Archives of Suicide Research*
March 2008-present *Journal of Clinical Psychiatry*
April 2008-present *Behavior Therapy*
May 2008-present *Journal of Affective Disorders*
July 2008-present *Journal of Psychiatric Research*
March 2009-present *Journal of Clinical Child and Adolescent Psychology*
Nov 2009-present *Current Psychiatry*
Nov 2009-present *Journal of Child and Adolescent Psychopharmacology*
May 2010-present *American Journal of Psychiatry*
July 2010-present *Sleep*
July 2011-present *Suicide and Life-Threatening Behavior*
June 2012-present *Depression Research and Treatment*
July 2012-present *Journal of the American Academy of Child and Adolescent Psychiatry*
May 2013-present *Depression and Anxiety*
September 213-present *Behavioral Sleep Medicine*

CURRENT RESEARCH INTERESTS:

- Bipolar disorder
- Suicide
- Psychosocial treatment for youth with mood disorders
- Sleep disturbance
- Emotion regulation

SERVICE:

University and Medical School

Jan-Aug 2006 Western Psychiatric Institute and Clinic Suicide Risk Team, Leader, Adult Services
Jan 2010-present Western Psychiatric Institute and Clinic Psychiatry Residency Program, Faculty Interviewer
July 2013-present Western Psychiatric Institute and Clinic, Faculty Search Committee

Community Activities

2005-Aug 2012 Co-leader, Monthly parent support group for parents raising youth with mood disorders
2008-present Board of Medical Advisors, The Ryan Licht Sang Foundation
2009-present Board of Advisors, School of Arts and Minds, New York, New York
Sept 2010 Volunteer, American Mental Health Association Willard Suitcase Exhibit
Nov 2011-present International Society for Bipolar Disorders (ISBD), Task Force on Suicide